Spring Update

The SEASIDE Institute continues to inspire livable communities

By Alex Tusa
Marketing Director, The SEASIDE Institute

Throughout the pandemic, the Sea- side Institute has remained focused on its mission with the development of a new website at seasideinstitute.org and updated programming to include virtual options.

2020 Recap

In 2020, the SEASIDE Institute hon- ored the 30th annual Seaside Prize: the Francis and Kathleen Rooney Dean of Notre Dame's School of Architecture, with the 28th Annual 2020 Seaside Prize. During the Prize weekend, attendees heard from Michael Dennis, John Tor- s, Marianne Cusato, Barbara Litten- berg and Michael Lykoudis. All spoke on different topics related to architec- tural education.

In February 2020, the Institute host- ed the Transportation Summit Expo, which featured alternative trans- portation solutions and displayed the Walton County Mobility Plan concepts for the public to experience and pro- vide their insights. The two-part event included a workshop and expo, bringing together the general public, experts and speakers with international influ- ence to discuss key elements of trans- portation planning, parking, and traf- fic management. The expo featured autonomous vehicle rides from REED along with alternate modes of trans- portation, alternative fuels, environmentally friendly resources and road concepts for 30A that accommodate multi-modal forms of transportation, the Institute’s mobility committee, which includes Reynolds Henderson (Chair), Jared Schnader (Calstart) and Laurance Davis (Vice-Chair), join- ed by international experts with in- ternational members: Victoria Lee (Chair), Daryl Davis (AECOM), Tim Berg and Michael Lykoudis. All spoke on different topics related to architec- tural education.

In 2020-2021, the Institute welcomed Bradley Touchstone (AECOM), con- veying their insights.

The 28th Annual 2020 Seaside Prize will be presented the Transportation Summit Expo 2021, bringing together plan- ners, architects, builders, developers, engineers, and other professionals to discuss the latest trends in construc- tion, architecture and town planning.

Additionally, in 2020, the Institute expanded its staff to include Alex Tusa, director of marketing and Bailey Dy- bas, development coordinator.

Join us on our journey to help peo- ple create great communities. For more information or tickets, please go to our website at seasideinstitute.org.

On the Horizon for 2021

For 2021, the SEASIDE Institute will present remarkable problem programs planned for 2021, both vir- tually and in-person.

The Transportation Summit Expo will present three book launch events together with New Ur- banism concepts and how they apply to communities locally and across the globe. Check the Institute’s website seasideinstitute.org for dates and reg- istration links.

On March 24-25, 2021, the Sea- side Institute will co-host Gulf Coast Energy’s Sustainable Town Planning, bringing together plan- ners, architects, builders, developers, engineers, and other professionals to discuss the latest trends in construc- tion, architecture and town planning.

The two-day event will be presented locally at the WaterColor Lake House.

The Institute’s website to register (required).

The Institute has decided to post- pone the 29th Annual Seaside Prize until 2022 when large gatherings are safer, as the event is best experienced in person.

Additional programming for 2021 will include:

- Transportation Summit Expo 2021
- Celebration of Seaside’s 40thAnni- versary
- Aging with Grace

The SEASIDE Institute’s Board of Governors has focused on further- ing the Institute’s mission to in- spire livable communities. Our Board of Governors is a diverse group of professionals nominated and elect- ed by the Board of Governors and serve a minimum term of three years. In 2020-2021, the Institute welcomed Joseph P. Riley Jr. (Chair), Dhiru Ta- lal, Elizabeth Case, Daryl Davis, Michael Lykoudis (Secretary), Daryl Davis (Founder), John McGinty and Scott Merrill.

The SEASIDE Institute’s website at seasideinstitute.org for more information.

Healthcare and Wellness Survey

As more and more people are calling 30A and South Walton home, one of the biggest concerns has good access to quali- ty healthcare and wellness pro- grams. The 30A Alliance is seek- ing in conjunction with the SEASIDE Institute to gather data on what some of the needs and concerns are regarding how to access medical support and wellness programming for our community.

To help provide appropriate and relevant initiatives/information for our community, the 30A Alliance is looking to better un- derstand your views and interests when it comes to wellbeing initia- tives for our community. We would therefore appreciate your time in completing a brief survey that can be found on our website 30aalliance.com.

Why are we collecting this information?

We are gathering this information so we can tailor offerings for wellness and wellness programs within our community. The intention is to use the information to help support the medical access and wellness learning.

Spring Forward

Get out of your quarantine beauty rut with these tips for healthy skin

By Jamie Gummere
Owner, Blush Beauty Lounge

This article is a bit late. One year, actually. I was supposed to write this for the spring issue in 2020, but then this little thing called COVID hap- pened and the issue was put on hold. For so many clients after they’ve been inside their homes for months without seeing other humans, and maybe their own skin care and makeup routines were put to side. OK, not maybe, they most definitely were.

I’ve compiled my “back from quar- antine” products and tips for spring and summer:

- Use Vitamin C every morning to prevent oxidative and environ- mental stress on the skin (oxidative stress leaves the skin lacking luster, brightness, and firmness). I could probably write an entire article on the benefits of Vitamin C, but I’ll save you from my rant. Here’s what I tell my clients: If you are over the age of 25 and you live anywhere on this planet, you need to wear a Vi- tamin C everyday. For the rest of your life. My favorite is SkinCeut- icals CE Ferulic. It’s liquid gold.
- See your favorite local aesthetici- ans for monthly or quarterly treat- ments (I go for the Hyaluronic and SkinPen micro-needling for low downtime and big results treat- ments). The Hyaluronic has become the gold standard in every aesthetic room. A deep cleanse, followed by a glycolic/salicylic blend of acids, extractions, and a hydrating finish leaves skin squeaky clean, hydrated and glowing.
- SPF. You hear it all the time be- cause it’s crucial to anti-aging and, more importantly, helps prevent skin damage. Use an SPF that con- tains zinc oxide for the best UVA protection.
- A mineralized powder. A personal favorite is Elta MD (recommended by der- matologists and the Skin Cancer Foundation). Speaking of derma- tologists, go see one. It’s important to have an annual screening.

And now, for the fun stuff. We just feel a little peppier with a new blush. I absolutely love Just Kissed lip and cheek stain in Forever Pink. It’s easy, quick and lightweight for the beach. Pick it up at The Art of Simple in Seaside.

(Wishing you all a beautiful spring! Visit us online at blushbeautylounge.com)